

Will You Help
Make a Difference?

GIVE

Food. Money. Time.



manna
on main street

Ending Hunger, Building Community, Transforming Lives

215-855-5454 • manna@mannaonmain.org

Thank You



Ending Hunger Building Community Transforming Lives

Manna on Main Street was founded in 1981 at St. John's United Church of Christ in Lansdale by caring volunteers dedicated to feeding and caring for individuals in need in our community. From its humble roots, Manna grew and is now a 501(c)(3) charity organization serving the North Penn region and greater Montgomery County, Pennsylvania seven days a week. With the support of a volunteer base of over 2,000 and a dedicated staff, we invite you to partner with us to end hunger, build community, and transform lives.

For Caring



Our Mission

Manna on Main Street is committed to ending hunger in the North Penn region by providing food, fulfilling social service and education needs, and conducting community outreach. Through a food pantry and soup kitchen, emergency financial aid, counseling and referrals, and education opportunities, we serve those in need with the hope "that everyone might be fed."

Show Your Community You Care

GIVE FOOD. GIVE TIME .GIVE MONEY

Manna on Main Street helps people in need in our community through four core programs: Manna's Market, Manna's Kitchen, Client & Community Services, and our Education Program.

Please visit mannaonmain.org or call **215-855-5454** to see how you can make a difference. We need you!



Manna's Market

Manna's choice-model pantry is one of the largest and most accessible pantry in Montgomery County. Individuals may shop twice a month for the foods that best meet their dietary needs and preferences within agency controls based on household size, food categories and quantities. For neighbors in need, Manna's Market offers the highest dignity in shopping experience.



Manna's Market serves the North Penn School District footprint except for Hatfield, as it has its own pantry. Please consider donating food to help keep Manna's Market well stocked. To learn the most needed food items, please visit mannaonmain.org/give-food/what-is-needed/. We deeply appreciate your donations and food drives!

Manna's Kitchen

Individuals can eat warm, prepared meals seven days a week, with two meals offered Monday through Friday and brunches served on the weekends. As a public kitchen, all are fed, creating an inclusive and welcoming table. Meals are served restaurant-style, with volunteers greeting guests and taking food and beverage requests based on the day's menu.



Group and individual volunteers are always welcome! We serve an average of 120 meals/day through the care and service of community and group volunteers. Help your neighbors by becoming a Manna volunteer: mannaonmain.org/give-time/how-to-volunteer/

DID YOU KNOW?

In Montgomery County, 10%, or more than 80,000 individuals, are food insecure; 13.2% or more than 23,000 children have limited or uncertain access to adequate food.

Feeding America Map the Meal Gap

Client & Community Services

In the North Penn region, there are few places to turn to for support. Manna assists individuals facing crises like eviction notices, utility shutoffs, or medical emergencies—dire situations that further threaten financial and food security. We screen requests and care for these individuals in need by coordinating direct provider payments to help keep families housed and safe during challenging times.

Bridges Out of Poverty

This national training program shifts the way we understand and approach poverty. Manna leads free, community trainings to discuss how we can all partner together to end poverty in the North Penn region. We encourage you to attend and be part of making a difference! Training dates are listed on Manna's website: [mannaonmain.org/news & events](http://mannaonmain.org/news&events).

Getting Ahead in a Just-Gettin'-By World

This 16-week program focuses on building relationships and resources by and for individuals living in poverty and economic instability. Manna offers two classes annually, with graduate support throughout the year. Individuals learn how to "get ahead in a just gettin' by world."

Educational Programs

Manna's education opportunities help individuals move beyond food insecurity to sustainable futures. Expert volunteers offer 1:1 job readiness, financial planning and computer literacy sessions to help individuals achieve their professional and personal goals.

The Common Grounds Food Service Training to Employment Program

A free, 12-week program that utilizes the national, evidence-based Catalyst Kitchens model, trainees engage in experiential learning, contributing to food production in Manna's mission-driven kitchen and service of Manna's new Common Grounds Café. Classroom instruction in food service and employment competencies furthers skill development, with wrap-around social services provided based on trainees' needs. All trainees graduate with the goal of securing sustainable food service employment. Trainees represent economically disadvantaged individuals in Montgomery County, primarily those struggling with food insecurity, poverty and homelessness. Learn more: mannaonmain.org/about-us/common-grounds-training-program/

Common Grounds Café

Stop by Manna's new café for yummy food that makes a difference! Every cent you spend at the Café is invested back into the trainees enrolled in the Common Grounds training program.

Monday - Saturday • 8am-1pm



COMMUNITY IMPACT

506,500 pounds

of food distributed to more than 2680 individuals in need



40,300

meals provided to families, the working poor, elderly and homeless



\$140,000

in emergency financial aid with the support of community partners



Lead the Way!

Corporate Champions

Corporate Champions include five levels of tax-deductible participation, from \$2,500 to \$25,000. Corporate Champions help end hunger in our neighborhoods while gaining positive PR, media opportunities and community connections (including Race to End Hunger visibility.)

“*Manna is doing great things to build a healthier community for all of us and we are proud to be a long-time supporter. Many Clemens Family members have volunteered their time and we always leave there feeling humbled.*”
– John Reininger, Clemens Food Group

More Ways to Contribute:

- Provide a monetary tribute gift in honor or memory of a loved one
- Donate vehicles to Melwood Charity, call toll free 1-855-88-MANNA (1-855-886-2662).
- Host a Food Drive
- Volunteer at Manna!



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Visit Mannaonmain.org to learn more!

North Penn Commons (NPC) is a pioneering project involving four highly-respected non-profits: Advanced Living Communities, the Lansdale Area Family YMCA, the PEAK Senior Center, and Manna on Main Street.

